

UNIVERSITY COLLEGE DUBLIN

UCD SCHOOL OF NURSING, MIDWIFERY & HEALTH SYSTEMS

In partnership with

Children's Health Ireland (CHI) at Crumlin, Mater Misericordiae University Hospital

St Vincent's Healthcare Group incorporating St Vincent's University Hospital, St Vincent's Private Hospital

and

St Michaels Hospital



Skills List for BSc Children's and General Nursing Students:

Children's and General Placement

Student Name:

Student Number:

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Introduction

- The skills list is intended for use in conjunction with the National Competency Assessment Document to capture areas of learning in relation to psychomotor skills.
- These skills should be attained on placements when available to the student during the 4.5 years of the programme.
- The student must ensure that they are exposed to the skills.
- Skills should be assessed using the Levels of Competence for National Competency Assessment scale. The scale captures the progress of the student through various levels of attainment towards competence.
- Skills should always be carried out in accordance with local policies and protocols which may preclude students from participating in certain skills.
- The student should be deemed competent in certain specific skills undertaken by the end of stage 4 of the programme.
- The student should be deemed competent in certain skills (e.g. handwashing) by the end of Stage 1 of the programme and maintain their competency throughout the programme.

The NMBI (2018) National Competency Assessment Document recommend that the student nurse should be assessed using The Experiential Taxonomy: A New Approach to Teaching and Learning (Steinaker, N. & Bell, M.1979)². The scale captures the progress of the student through various levels of attainment towards Dissemination.

NMBI (2018) Guidelines for Completing the National Competency Assessment Document. Dublin.

Steinaker, N. & Bell, M. (1979). The Experiential Taxonomy: A New Approach to Teaching and Learning. London: Academic Press.

Levels of Competence for National Competency Assessment (NMBI, 2018)

Scales	Standard	Suggested evidence
Exposure	The nursing student has the opportunity to observe a situation taking cognisance of the learning objectives of the programme and the practice placement.	Following observation, the student can describe the essential components of the skill and can relate theory appropriately. Under direct supervision, may require continuous prompting and direction in the provision of care and the identification of her/his learning needs
Participation	The nursing student becomes a participant rather than an observer with the support of the preceptor where learning opportunities are identified in partnership.	Under close supervision and with assistance is skilful and confident in some aspect but may lack coordination and may take longer to deliver the skill. Frequent prompting may be required to support the student in the provision of person-centred care and in identification of its underpinning evidence.
Identification	The nursing student takes more responsibility for their own learning and participation and initiates appropriate action and evaluates same.	Under indirect supervision, adopts a problem-solving approach to demonstrate a skilful, safe and coordinated performance in most aspects of the skill. Actively participates in the assessment, planning, delivery and evaluation of person centred care. May have difficulties in prioritising care and delivery of skill in particular or complex situations.
Competent: Internalisation and Dissemination	<p>Internalisation: The nursing student makes informed decisions based on the information available and works as an autonomous practitioner.</p> <p>Dissemination: The nursing student uses critical analysis to determine the outcomes of their actions and can give rationale for their action to others.</p>	Competent, confident, skilful and coordinated performance of technical skills in the delivery of evidenced based person-centred care. Evidence of critical thinking and competent communication and interpersonal skills in performance of the skill to achieve objectives in a timely manner. Practices within own scope of practice.

Children's Skills List

SIGNATURE BANK

Each registered nurse who acts as a preceptor/co-preceptor for this student must sign this bank.

Preceptors/Co-preceptor Name (Print)	Signature	Preceptors/Co-preceptor Initials	Ward/Area

Children's Skills List

Skill	Theory taught	Level 1 Exposure			Level 2 Participation			Level 3 Identification			Level 4 Competent *Internalisation (Record I) *Dissemination (Record D)			
	Stage	Initials			Initials			Initials			Initials			
		Student	Preceptor	Date	Student	Preceptor	Date	Student	Preceptor	Date	I or D	Student	Preceptor	Date
Infection Control														
Hand Hygiene technique Social Handwashing Gel Handwashing	1													
Standard Precautions	1													
Obtaining admission swabs	1													
Screening for swabs	1													
Your 5 moments	1													
Surgical hand wash	2/3													
Vital Signs Assessment														
Respiration Rate & Effort	1													
Pulse -peripheral	1													
Apex Beat	1													
Temperature <ul style="list-style-type: none"> • Axillary • Tympanic 	1													
Blood Pressure <ul style="list-style-type: none"> • Manual • Electronic 	1													
Use of Pulse Oximetry	1													
Capillary Refill Time (CRT)	1													
Neurological Assessment	2													

Children's Skills List

Skill	Theory taught	Level 1 Exposure			Level 2 Participation			Level 3 Identification			Level 4 Competent *Internalisation (Record I) *Dissemination (Record D)			
		Initials			Initials			Initials			Initials			
	Stage	Student	Preceptor	Date	Student	Preceptor	Date	Student	Preceptor	Date	I or D	Student	Preceptor	Date
Vascular Assessment	2													
Neurovascular Assessment	1													
Assessment														
Pain Assessment	1													
Blood Glucose Monitoring	2													
PEWS (National Early Warning System) Documentation	All													
PEWS Escalation Protocol	All													
Sepsis 6 Protocol	All													
Respiratory Assessment														
Respiration- full	1													
Sputum Sample	1													
Nasopharyngeal aspirate	1													
Spirometry	2													
Oxygen Therapy	2													
O2 administration: nasal cannula, venturi mask, nonrebreather mask	2													
Tracheostomy care	4													
Humidification	2													
Airvo														

Children's Skills List

Skill	Theory taught	Level 1 Exposure			Level 2 Participation			Level 3 Identification			Level 4 Competent *Internalisation (Record I) *Dissemination (Record D)			
		Initials			Initials			Initials			Initials			
	Stage	Student	Preceptor	Date	Student	Preceptor	Date	Student	Preceptor	Date	I or D	Student	Preceptor	Date
Elimination Assessment														
Assisting the patient with their elimination needs	1													
Mid-Stream Urine	1													
Catch or Bag specimen	1													
Urinalysis	1													
Stool Sample	1													
Urinary Catheter Care	1													
Catheter Specimen Urine	1													
Nappy Care	1													
Hydration and Nutrition Assessment														
Formula feeding (Bottle)	1													
Breastfeeding Assessment & Support	1													
Intake and output chart	1													
Height Measurement	1													
Weight Baby Scale	1													
Weight Standing Scale	1													
Head Circumference	1													
Oral Hygiene														
Oral Assessment	1													
Oral Care	1													

Children's Skills List

Skill	Theory taught	Level 1 Exposure			Level 2 Participation			Level 3 Identification			Level 4 Competent *Internalisation (Record I) *Dissemination (Record D)			
		Initials			Initials			Initials			Initials			
	Stage	Student	Preceptor	Date	Student	Preceptor	Date	Student	Preceptor	Date	I or D	Student	Preceptor	Date
Admission of a Patient	1													
Discharge of a Patient	1													
Transfer of a Patient	1													
Skin Integrity														
Pressure area (PA): risk assessment prevention care	1													
Incontinence Associated Dermatitis (IAD) Protocol	1													
Intimate Care (Bed bath/ assisted hygiene needs	1													
Wound Assessment	All													
Wound Management	All													
Wound documentation	All													
Taking a Wound Swab	All													

Children's Skills List

Skill	Theory taught	Level 1 Exposure			Level 2 Participation			Level 3 Identification			Level 4 Competent *Internalisation (Record I) *Dissemination (Record D)			
		Initials			Initials			Initials			Initials			
	Stage	Student	Preceptor	Date	Student	Preceptor	Date	Student	Preceptor	Date	I or D	Student	Preceptor	Date
Mobility Assessment														
Moving and Handling techniques	1													
Surgical Care														
Pre-operative care	1													
Post-Operative Care	1													
Transfer to/from Theatre	1													
Aseptic Technique (ANTT)	1													
Care/Removal of suction & non-suction drains <ul style="list-style-type: none"> • Underwater seal drains • Robinson drains • Chest drains • Pneumostat drains 	2													

Children's Skills List

Skill	Theory taught	Level 1 Exposure			Level 2 Participation			Level 3 Identification			Level 4 Competent *Internalisation (Record I) *Dissemination (Record D)			
		Initials			Initials			Initials			Initials			
	Stage	Student	Preceptor	Date	Student	Preceptor	Date	Student	Preceptor	Date	I or D	Student	Preceptor	Date
Gastrointestinal Nursing														
Insertion of wide bore naso- gastric tube	2													
Observation of fine bore naso-gastric tube insertion	2													
Enteral Feeding	2													
Medication Management														
Route administration of Medication	2													
Oral	2													
Rectal	2													
Sublingual	2													
By S.C. Injection	2													
By I.M. Injection	2													
Via P.E.G Tube	2													
Via N.G Tube	2													
Via Nebulizer	2													
Ear Drops	2													
Eye Drops	2													

Children's Skills List

Skill	Theory taught	Level 1 Exposure			Level 2 Participation			Level 3 Identification			Level 4 Competent *Internalisation (Record I) *Dissemination (Record D)			
		Initials			Initials			Initials			Initials			
	Stage	Student	Preceptor	Date	Student	Preceptor	Date	Student	Preceptor	Date	I or D	Student	Preceptor	Date
Transdermal	2													
Topical	2													
Calculation of Medication	2													
Calculation of Fluids														
Interpretation of lab values:	2,3,4													
<ul style="list-style-type: none"> • FBC • U & E • Coag. • Liver profile • Renal profile • Bone profile • CRP • ESR • Lactate 														
Basic Life Support	1													
Cardiac arrest trolley check	2													
Care of a patient with <ul style="list-style-type: none"> • PIVC • CVAD/PICC 	2													

Children's Skills List

Skill	Theory taught	Level 1 Exposure			Level 2 Participation			Level 3 Identification			Level 4 Competent *Internalisation (Record I) *Dissemination (Record D)			
	Stage	Initials			Initials			Initials			Initials			
		Student	Preceptor	Date	Student	Preceptor	Date	Student	Preceptor	Date	I or D	Student	Preceptor	Date
Care of a patient undergoing Blood Transfusion*	4													
<p>*Students nurses are not authorized to perform pre-transfusion identification (i.e. cross checking and compatibility testing of a blood component prior to administration). It is the responsibility of local institutions to inform, guide and supervise students in relation to local policies and procedures in respect of the administration of a blood component. Exception: Internships students who have received competency assessment at their local institution.</p>														

General Skills List

SIGNATURE BANK

Each registered nurse who acts as a preceptor/co-preceptor for this student must sign this bank.

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GENERAL SKILLS LIST

Skill	Theory taught	Level 1 Exposure			Level 2 Participation			Level 3 Identification			Level 4 Competent *Internalisation (Record I) *Dissemination (Record D)			
		Initials			Initials			Initials			Initials			
	Stage	Student	Preceptor	Date	Student	Preceptor	Date	Student	Preceptor	Date	I or D	Student	Preceptor	Date
Infection Control														
Hand Hygiene technique Social Handwashing Gel Handwashing	1													
Standard Precautions	1													
Obtaining admission swabs	1													
Screening for swabs	1													
Your 5 moments	1													
Surgical hand wash	2/3													
Vital Signs Assessment														
Respiration Rate & Effort	1													
Pulse	1													
Temperature <ul style="list-style-type: none"> • Axillary • Tympanic 	1													
Blood Pressure <ul style="list-style-type: none"> • Manual • Electronic 	1													
Use of Pulse Oximetry	1													
Capillary Refill Time (CRT)	1													
Neurological Assessment	2													
Vascular Assessment	2													

GENERAL SKILLS LIST

Skill	Theory taught	Level 1 Exposure			Level 2 Participation			Level 3 Identification			Level 4 Competent *Internalisation (Record I) *Dissemination (Record D)			
		Stage	Initials			Initials			Initials			Initials		
		Student	Preceptor	Date	Student	Preceptor	Date	Student	Preceptor	Date	I or D	Student	Preceptor	Date
Assessment														
Pain Assessment	1													
Blood Glucose Monitoring	2													
NEWS (National Early Warning System) Documentation	All													
NEWS Escalation Protocol	All													
Sepsis 6 Protocol	All													
Respiratory Assessment														
Respiration	1													
Sputum Sample	1													
Spirometry	2													
Oxygen Therapy	2													
O2 administration: nasal cannula, venturi mask, nonrebreather mask	2													
Tracheostomy care	4													
Humidification	2													

GENERAL SKILLS LIST

Skill	Theory taught	Level 1 Exposure			Level 2 Participation			Level 3 Identification			Level 4 Competent *Internalisation (Record I) *Dissemination (Record D)			
		Stage	Initials		Initials		Initials		Initials					
		Student	Preceptor	Date	Student	Preceptor	Date	Student	Preceptor	Date	I or D	Student	Preceptor	Date
Elimination Assessment														
Assisting the patient with their elimination needs	1													
Mid-Stream Urine	1													
Urinalysis	1													
Stool Sample	1													
Urinary Catheter Care	1													
Catheter Specimen Urine	1													
Hydration and Nutrition Assessment														
Assistance in feeding	1													
Intake and output chart	1													
Malnutrition Universal Screening Tool (MUST)	1													
Irish Consistency Descriptors for modified fluids and fluid	1													
Use of Thickening Powder	1													
Food Chart	1													
Oral Hygiene														
Oral Assessment	1													
Oral Care	1													

GENERAL SKILLS LIST

Skill	Theory taught	Level 1 Exposure			Level 2 Participation			Level 3 Identification			Level 4 Competent *Internalisation (Record I) *Dissemination (Record D)			
		Initials			Initials			Initials			Initials			
		Student	Preceptor	Date	Student	Preceptor	Date	Student	Preceptor	Date	I or D	Student	Preceptor	Date
Admission of a Patient	1													
Discharge of a Patient	1													
Transfer of a Patient	1													
Skin Integrity														
Pressure area (PA): <ul style="list-style-type: none"> • risk assessment • prevention • care Waterlow Assessment 30-degree tilt SSKIN Care Bundle	1													
Incontinence Associated Dermatitis (IAD) Protocol	1													
Intimate Care (Bed bath/ assisted hygiene needs)	1													
Wound Assessment	All													
Wound Management	All													
Wound documentation	All													
Taking a Wound Swab	All													

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Skill	Theory taught	Level 1 Exposure			Level 2 Participation			Level 3 Identification			Level 4 Competent *Internalisation (Record I) *Dissemination (Record D)			
	Stage	Initials			Initials			Initials			Initials			
		Student	Preceptor	Date	Student	Preceptor	Date	Student	Preceptor	Date	I or D	Student	Preceptor	Date
Mobility Assessment														
Moving and Handling techniques	1													
Falls Assessment														
Surgical Care														
Pre-operative care	1													
Post-Operative Care	1													
Transfer to/from Theatre	1													
Aseptic Technique (ANTT)	1													
Care/Removal of suction & non-suction drains <ul style="list-style-type: none"> • Underwater seal drains • Robinson drains • Chest drains • Pneumostat drains 	2													
Removal of staples & sutures	3													

GENERAL SKILLS LIST

Skill	Theory taught	Level 1 Exposure			Level 2 Participation			Level 3 Identification			Level 4 Competent *Internalisation (Record I) *Dissemination (Record D)			
		Initials			Initials			Initials			Initials			
	Stage	Student	Preceptor	Date	Student	Preceptor	Date	Student	Preceptor	Date	I or D	Student	Preceptor	Date
Gastrointestinal Nursing														
Insertion of wide bore naso-gastric tube	2													
Observation of fine bore naso-gastric tube insertion	2													
Enteral Feeding	2													
Medication Management														
Route administration of Medication	2													
Oral	2													
Rectal	2													
Sublingual	2													
By S.C. Injection	2													
By I.M. Injection	2													
Via P.E.G Tube	2													
Via N.G Tube	2													
Via Nebulizer	2													
Ear Drops	2													
Eye Drops	2													

GENERAL SKILLS LIST

Skill	Theory taught	Level 1 Exposure			Level 2 Participation			Level 3 Identification			Level 4 Competent *Internalisation (Record I) *Dissemination (Record D)			
		Stage	Initials			Initials			Initials			Initials		
		Student	Preceptor	Date	Student	Preceptor	Date	Student	Preceptor	Date	I or D	Student	Preceptor	Date
Transdermal	2													
Topical	2													
Calculation of Medication	2													
Calculation of Fluids														
Interpretation of lab values:	2,3,4													
<ul style="list-style-type: none"> • FBC • U & E • Coag. • Liver profile • Renal profile • Bone profile • CRP • ESR • Lactate 														
Basic Life Support	1													
Cardiac arrest trolley check	2													
Care of a patient with <ul style="list-style-type: none"> • PIVC • CVAD/PICC 	2													

GENERAL SKILLS LIST

Skill	Theory taught	Level 1 Exposure			Level 2 Participation			Level 3 Identification			Level 4 Competent *Internalisation (Record I) *Dissemination (Record D)			
	Stage	Initials			Initials			Initials			Initials			
		Student	Preceptor	Date	Student	Preceptor	Date	Student	Preceptor	Date	I or D	Student	Preceptor	Date
Measurement, application and care of a patient with TED stockings	2													
Care of a patient undergoing Blood Transfusion*	4													
<p>*Students nurses are not authorized to perform pre-transfusion identification (i.e. cross checking and compatibility testing of a blood component prior to administration). It is the responsibility of local institutions to inform, guide and supervise students in relation to local policies and procedures in respect of the administration of a blood component. Exception: Internships students who have received competency assessment at their local institution.</p>														

